


SEPTEMBER 2017 BREAKFAST MENU

All meals served with low fat milk

Mon	Tue	Wed	Thu	Fri
				1 Variety Or Cereal Smokie Fruit Juice
4 No School Labor Day	5 Granola bar or Cereal bar Or Cereal Yogurt Fruit Juice	6 Yeast donut Or Cereal String cheese Fruit Juice	7 Pancake sausage on a stick & syrup Or Cereal Sausage patty Fruit Juice	8 Mini waffles & syrup Or Cereal Smokie Fruit Juice
11 Pop tart Or Cereal Egg patty Fruit Juice	12 Breakfast pizza Or Cereal Smokie Fruit Juice	13 Mini donuts Or Cereal String cheese Fruit Juice	14 Mini chocolate chip french toast & syrup Or Cereal Sausage patty Fruit	15 Variety Or Cereal Smokie Fruit Juice
18 Granola bar or Cereal bar Or Cereal Yogurt Fruit Juice	19 Mini pancakes & syrup Or Cereal Sausage patty Fruit Juice	20 Honey bun Or Cereal Egg omelet Fruit Juice	21 Pancake sausage on a stick & syrup Or Cereal Cheese cubes Fruit	22 Muffin Or Cereal Smokie Fruit Juice
25 Pop tart Or Cereal Egg patty Fruit Juice	26 Cinni mini Or Cereal Sausage patty Fruit Juice	27 Mini donuts Or Cereal Smokie Fruit Juice	28 Breakfast pizza Or Cereal Sausage patty Fruit Juice	29 Variety Or Cereal String cheese Fruit Juice


SEPTEMBER 2017 LUNCH MENU **SDES**

All meals served with low fat milk

Mon	Tue	Wed	Thu	Fri
	Daily entrée option PB&J sandwich, string cheese and goldfish			1 Cheeseburger on bun or Chef salad & croutons Crinkle fries Fresh veggies & dip Fruit variety Popsicle
4 No School Labor Day	5 Chicken nuggets or Chef salad & croutons Potato smiles Steamed broccoli & cheese Fruit variety Mini chortles	6 Tony's cheese pizza or Ham sandwich Green beans Carrots & dip Fruit variety Cookie	7 Chicken & noodles & yeast roll or Chef salad & yeast roll Mashed potatoes Fresh veggies & dip Fruit variety	8 Pizza bosco or Ham sandwich Baked chips Celery & Peanut butter Lettuce Fruit variety
11 Nachos & cheese or Turkey sandwich Refried beans Cauliflower & dip Fruit variety Cookie	12 Chicken patty on bun or Chef salad & croutons Tater tots Broccoli & dip Fruit variety	13 Mini corndogs or Turkey sandwich Green beans Cherry tomatoes Fruit variety Sherbet push up	14 Crispy chicken drumstick & Biscuit or Chef salad & biscuit Mashed potatoes Steamed carrots Fruit variety	15 Crunchy taco or Turkey sandwich Lettuce Fresh veggies & dip Fruit variety Goldfish
18 Breaded mozzarella sticks & marinara or Ham sandwich Carrots & dip or Green beans Fruit variety Scooby Doo graham sticks	19 Boneless chicken wings & roll or Chef salad & roll Mashed potatoes Cherry tomatoes Fruit variety	20 Big Daddy's cheese pizza or Ham sandwich Corn Cucumbers & dip Fruit variety Ice cream	21 Chicken tenders & bosco or Chef salad & bosco Bake beans Cauliflower & dip Fruit variety	22 French toast sticks & Sausage patty or Ham sandwich Tri tater Fresh veggies & dip Fruit variety
25 Walking tacos or Turkey sandwich & cheez its Refried beans Lettuce Fruit variety Fruit snacks	26 Country fried steak, gravy & biscuit or Chef salad & biscuit Mashed potatoes Green beans Fruit variety	27 Rotini with meat sauce & Garlic toast or Turkey sandwich Steamed carrots Fresh cauliflower & dip Fruit variety	28 Popcorn chicken & roll or Chef salad & roll Cheesy potatoes Steamed peas Fruit variety Sidekick slushie	29 Bacon cheeseburger on bun Or Turkey sandwich Crinkle fries Fresh veggies & dip Fruit variety Popsicle

SEPTEMBER 2017 LUNCH MENU NDES

All meals served with low fat milk

Mon	Tue	Wed	Thu	Fri
				1 Cheeseburger on bun or Yogurt, granola & muffin Crinkle fries Fresh veggies & dip Fruit variety Popsicle
4 No School Labor Day	5 Chicken nuggets or PB&J & string cheese Potato smiles Steamed broccoli & cheese Fruit variety Mini chortles	6 Tony's cheese pizza or Tony's pepperoni pizza Green beans Carrots & dip Fruit variety Cookie	7 Salisbury steak with gravy & roll or Ham sandwich Mashed potatoes Fresh veggies & dip Fruit variety	8 Pizza bosco or Chili fiesta stick Baked chips Celery & Peanut butter Lettuce Fruit variety
11 Nachos & cheese or Turkey sandwich Refried beans Cauliflower & dip Fruit variety Cookie	12 Chicken patty on bun or Spicy chicken patty on bun Tater tots Broccoli & dip Fruit variety	13 Mini corndogs or PB&J, string cheese & cheez its Green beans Cherry tomatoes Fruit variety Sherbet push up	14 Crispy chicken drumstick & Biscuit or Yogurt, string cheese & muffin Mashed potatoes Steamed carrots Fruit variety	15 Crunchy taco or Turkey sandwich Lettuce Fresh veggies & dip Fruit variety Goldfish
18 Breaded mozzarella sticks & marinara or Ham sandwich Carrots & dip or Green beans Fruit variety Scooby Doo graham sticks	19 Boneless chicken wings & roll or PB&J, string cheese & cheez its Mashed potatoes Cherry tomatoes Fruit variety	20 Big Daddy's cheese pizza or Deep dish pizza Corn Cucumbers & dip Fruit variety Ice cream	21 Chicken tenders & bosco or Chef salad & bosco Bake beans Cauliflower & dip Fruit variety	22 French toast sticks & Sausage patty or Ham sandwich Tri tater Fresh veggies & dip Fruit variety
25 Texas straw hat or Turkey sandwich & baked chips Refried beans Lettuce Fruit variety Fruit snacks	26 Country fried steak, gravy & biscuit or Chef salad & biscuit Mashed potatoes Green beans Fruit variety	27 Rotini with meat sauce & Garlic toast or Turkey sandwich & goldfish Steamed carrots Fresh cauliflower & dip Fruit variety	28 Popcorn chicken & roll or PB&J, string cheese & cheez its Cheesy potatoes Steamed peas Fruit variety Sidekick slushie	29 Bacon cheeseburger on bun Or Yogurt, granola & muffin Crinkle fries Fresh veggies & dip Fruit variety Popsicle